



# Society for Animal Health Agriculture Science & Humanity

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## Annual Report 2007-08

### OBSERVATION OF NATIONAL ENVIRONMENT DAY:

On 1<sup>st</sup> March 2007 National Environment Day was celebrated on the theme “DON'T USE POLYTHENE” by campaign & promoting the villagers ,youth and school children to use jute bags, use both sides of paper and cups because they can decompose easily and help in protection of environment. Also alert them not to drop the polythenes and packets any where, keep them at right place because if they are eaten by animals it slides into intestine and cause the animals to dead. Our volunteer tells the villagers to switch off the stand by electronics equipment and maintain green campus. On this day men and women of village Bhetua also actively take part in this mission and our volunteer tell to villagers not to use smoke chullaha's ,use smokeless chullaha's because smoke chullaha's causes a heart problem, T.B. and other diseases. So given them suggestion to use biogas plant which help in cooking& lighting. Manure obtained from this gas plant is good. Also tell them how be prepare a good compost i.e not leave the dung waste open, it should be cover with small layer of soil. On this day essay competition was organized in the junior high school Bhetua and through this program Amethi coordinator Ram Karan Chauhan aware the students about the Environment and how can they protect it.

Another program also organized to aware the villagers that they use toilets and not go outside in field, this give the chance to rise many diseases. Also utilize the government policies and go to Gram Pradhan and collect the form and register themselves for providing toilet sheet from block and grant to build the pit of toilet .Also aware them not to use soap while bathing in river as well as while washing clothes in river such as Ganga, Yamuna and others.

### OBSERVATION OF NATIONAL WOMEN'S DAY:

On 11<sup>th</sup> March 2007 National Women's Day was celebrated as Empowering Women's Day .On this day a 5 days work shop of girls training was organized in which 12 SHG'S participated to learn Tie-Dia.

The following program under went by the SHG'S

S.NO.	TRAINING PROGRAM	DATE OF TRAINING	NO.OF PARTCIPANTS
1	Tie-Die	11-03-2007	15
2	Soft Toys	12-03-2007	22

3	Cutting Pattern	13-03-2007	14
4	Pottery	14-03-2007	20
5	Mehendi	15-03-2007	30

### WOMEN'S EMPOWERMENT PROJECT:

In our country, third of population is under the age of fifteen, so social change in our society clearly depend on youth. In rural Amethi, however, low literacy, gender inequality and limited awareness of reproductive health and family planning severely restricts the options available to village youth. The average age of marriage is fifteen years for girls and nineteen years for boys, and on average, each family has four children. The status of women is very low.



SAHASH program aims to empower youth with knowledge and skills, so to standup girls on own feet and self dependent. It provides informal education to primary girls. SAHASH provide six-month courses to uneducated and educated girls between eleven and nineteen years of age.

The girls are trained three hours each day in:

- Skill building such as cutting, tailoring, beautician, embroidery, pottery and mehendi.
- General living skills as counseling including reproductive health, family planning, household economics, socializing, team building, leadership skills, legal rights, and social issues.
- Indoor recreational activities.
- Marriage Act awareness ( Hindu marriage act -1965 and Special marriage act -1954)

and its registration which is essential for many purposes such as to get a passport and legal rights to change the Surname.

### Involving parents:

Work shops and focused group discussions are held with parents to promote understanding between generations , and to discuss issues such as the age of marriage and need for educating child .Also motivate the youth and villagers to involve in development activities of village.

### OBSERVATION OF WORLD WATER DAY:

Water is natural resource, we have to use it carefully and limited because water level is also decreasing continuously. Water as critical resource ,for human consumption, agricultural use or sanitation. A serious water crises faces us, if more sustainable ways of water are not put into place without delay. So SAHASH taken strong steps to aware the villagers and focuses to on promoting water consciousness, building water-harvesting structures, advocating water conservation practices and increasing access to safe drinking water.

**SAHASH conducts water awareness campaigns to inform the villagers about:**



**The precarious groundwater conditions**

**•The risks of excessive borewell and tubewell extraction**

**•The causes of land degradation and the benefits of afforestation**

**•Long-term health effects of contaminated water**

**Also tell them to wash the clothes use a water in bucket not use tap directly, similarly use buckets to clean the floor not water to wash and put the water as waste. To**

**irrigate the fields, try to use pipes and sprinklers not use directly, through this we can save the water.**

#### **OBSERVATION OF WORLD HEALTH DAY:**

**On 7<sup>th</sup> April 2007 World Health Day was celebrated by organizing a large campaign how to get rid from the diseases. This campaign is basically cover the village of Deh,Sawangi,Tikermaphi,Sangrampur,Kalikan where villagers are able to know that “Prevention is better than cure”. Warn them to use water of those wells in which regular chlorine tablets are used to clean the water and free from other micro-organisms. Our volunteer tells the pregnant women to take regular check up to nearest health center and also care about your food which have good balance diet that contain vitamins, proteins,carbohydrate, iron which can be easily get through milk, egg, dal,leaf-vegetables,rice.Also tell them to feed their milk after the child birth upto six months because mothers milk have a tendency to fight with viruses. Also tell the them that all prevention injection needed to be injected to your child according to duration.**

#### **OBSERVATION OF ANTI-TOBACCO DAY:**

**On 31<sup>st</sup> May 2007 Ant- Tobacco Day was celebrated on the theme “STOP USING TOBACCO” by organizing campaign awareness program in village Pendoria and through this campaign SAHASH volunteers tell the villagers ,how smoking tobacco and chewing both are harmful to our health, this can cause a Cancer. Use of tobacco increases the chance of developing cancer of oral cavity, food pipe and stomach.**

**We can control the cancer by avoidable of tobacco consumption, regular exercise, control a weight of body and avoid fatty foods. Regular self breast examination helps in detection of breast lump which can lead to breast cancer. Hepatitis B vaccination reduces the chance of occurrence of liver cancer.**

**SAHASH volunteers tell the villagers symptoms of cancer which is caused by this tobacco such as**

- Bloody discharge from urinary /anal and private parts.**
- Any swelling in the breast or other parts of the body.**

- Continuous cough /change in voice /difficulty in breathing.
- Difficulty in swelling /sudden loss of weight /loss of appetite.
- Wound, which is not healing?
- Change in daily bowel/bladder habits.

#### **OBSERVATION OF WORLD LITERACY DAY:**

On 08<sup>th</sup> Sep 2007 World Literacy Day was celebrated on the theme “Shikshit Bano Aage badho!” SAHASH launches the project KHEL-KHEL MAI PADHAI in Amethi at village katergaun to educate the children from age of 2 yrs to 5 yrs.



#### **OBJECTIVE OF KHEL-KHEL MAI PADHAI**

To educate the children of villages from the age of 2 yrs to 5 yrs through toys, charts and models and give the confidence among the villagers that their children are at the same level as children of metro cities.

#### **SILENT FEATURES OF KHEL-KHEL MAI PADHAI**

We educate the children through different programs and cultural activities ,so that they motivate towards education. Our volunteers go

to guardian’s house to report the progress of their child .Continuous meeting organized with guardian. To meet with govt. & private school teachers and provide a facility of the children who crossed the age of 05 years in reference of education. We organize monthly staff meeting for checking the progress of this project.

#### **BENEFICIARIES**

- Personality development increased in children.
- Child’s are educating in comparison to other school/centers.
- Decrease in illiteracy.
- Motivation towards education occurs in villagers.
- Children are motivated towards education due to use of toys.
- Guardian pay regards to our organization for our mission of society.

#### **OBSERVATION OF WORLD BLIND DAY:**

On 14<sup>th</sup> Oct. 2007 World Blind Day was celebrated by organizing Health Awareness Campaign Program in villages Bhetua, Katergaun, Pendoria, Raipurfulwari. In this campaign our volunteers aware the villagers to use the balance diet in his food and this diet is full of leaf vegetables which is rich resource of vitamin A. Campaign is gone from villages to schools where our volunteer aware the students about the cause of night blindness and sight.

#### **OBSERVATION OF WORLD FOOD DAY:**

On 16<sup>th</sup> Oct. 2007 World Food Day was celebrated by organization by promoting villagers to use a balance diet. A open group discussion is organized in villagers to aware them what is balance diet? Balance diet have definite ratio of calories and all proteins, carbohydrate, vitamins, iron have included in it. Our volunteers tell the villagers this is normally available in milk, egg, meat, pulses, leaf vegetable, rice and chapattis with salad. Balance diet should be given to growing children and students care about them. Also careful to the children that they will not take more. More intake of food can cause a obesity.

#### **OBSERVATION OF FARMER'S DAY AND READ PROJECT:**

On 23<sup>rd</sup> Dec 2007 Farmers Day was celebrated by launching a project "Rural Education on Agricultural Development (READ)" under this project our society works with Govt. and our volunteers aware the farmers about their rights and policies implemented for them. Mainly they coordinate with B.D.O. and secretary of Gramsabha and tell about the different variety of seeds, fertilizers and pattern to be followed for this pattern.



#### **OBJECTIVE OF READ:**

Main objective of this program is to aware the farmers about hybrid seeds which yield high productivity.

#### **SIELENT FEATURE OF READ:**

- To acknowledge the farmers about use of pesticides, and warn them to use it in limited way.
- To acknowledge the farmers to use the fertilizers in limited way and use compost and manure's in their filed so that the productivity of the crops is good and they would not include harmful chemicals such as in vegetables and others.
- Cultivate the commercial crop such as vegetables, medicated plants, piper mint plant, tulsi, banana, mushroom, rattan jyoti (biogradable plant) and tell them hybrid seeds varieties in coordination with agricultural universities.
- Train the farmers about pattern of agriculture through a workshops organized in coordination with agricultural universities.

- Aware the farmers about agriculture insurance and also their life insurance in which govt. pay half of the money Rs.100 & Rs.100 by the farmers themselves, when accidental occurs farmers get 25000 and if they dead then 50,000 to their dependencies.
- Tell the farmers to get tested the soil of their field so that they able to know which elements are in deficiency.

#### **BENEFICERIES & OUTPUT:**

- ✓ Thousands of farmers taken insurance of their life and also started taking insurance of crops.
- ✓ Farmers started cultivating the commercial crops but not efficiently.
- ✓ Farmers started testing the soil of their field and able to know the deficiency of elements according to which they provide the fertilizers to gain productivity of crops.

#### **DRAWBACK:**

Some farmers are not able to test their soil and they require soil test on spot. So we need the mobile soil testing lab. To provide the soil test on spot of farmers field.

#### **OBSERVATION OF NATIONAL CONSUMER DAY:**

On 24<sup>th</sup> Dec 2007 National Consumers Day was celebrated as Consumer Awareness Program and campaign in different villages to aware the villagers about their rights when they purchase any thing from market. Alert the villagers while purchasing golden jewelries make sure that it has hallmark and taken receipts from shopkeepers. Also alert them while purchasing the utensils or any other item, check the ISI mark and also purchasing the salt, ghee, spices, oils & other food materials have egg mark.

Also tell them that if your electricity bills, water bills, irrigation bills of canals came without using it, they have an right to file an application under District Consumer Court and no fee is required for this application or lawyer to file it. Just an application is sufficient to get rights and in this you can demand compensation for it. Under this many of villagers able to know the rights and file many applications in consumer court regarding their issues & problems are facing from the government offices.